

SAG-Eligible/AEA www.lizdays.com/lizdays@yahoo.com

DDO NY-Comm/VO, Tendency Talent Mgmt- Film/TV Bennett Connection - Theatrical, South

FILM		
I'll Be There (Austin Film Festival)	Supporting	Andrew Shea
Routine	Lead	Maria Stamatakos
Bluebird	Supporting	Sara Crow
The Sanctity of Liz	Supporting	Jenny Ward
City of One	Supporting	Andrea Shapiro
Sugar Honey	Supporting	Amanda Gordon
It's a Long Story	Supporting	Adea Lennox
Simon's Quest Woods Baseball	Supporting	Marley Jaeger
Let's Go for a Drive	Supporting Lead	Ben Kujawski Tabitha Barnett
	Leau	Tuotina Barneti
TV		
Dead of Winter S2 Ep4	Guest Star	Justin Stanley/ ID Network
Evil Lives Here S7 Ep11	Guest Star	Justin Stanley/ ID Network
Plant	Series Regular	Andrew Nielson
Untold Genius	Guest Star	Moshe Lobel
Janie is Sick	Guest Star	Alison Vincitore
Payroll	Guest Star	Stefon Bristol
Running with Delays	Guest Star	Shoshana Canali
THEATRE		
Boswell	Garrick, Mrs Thrale, Fiona (u/s)	59E59/Laura Gordon
Salome: The Reading w/ Al Pacino	Slave	St. Ann's Warehouse/Estelle Parsons
The 13 th of Paris	Chloe	Public Theater, ME/Janet Mitchko
Flighty Connections! (solo show)	6 characters	The PIT/Rachael Harrington
Straight to DVD	Sketch Ensemble	The PIT/Rachael Harrington
The Answer is Horse	Mrs. Rosen/Ensemble	Midtown Int'l Theatre Festival/Joya Scott
COMMERCIALS/VO		
List Available Upon Request		
TRAINING/EDUCATION		
Meisner 2-yr Acting Program	William Esper	William Esper Studio
Acting/ Working w/ Directors	Lee Brock, Seth Barrish, Eric Paeper	The Barrow Group
On Camera Acting Technique	Bob Krakower, Jodi Collins	One on One
LAB Master Class (Acting)	Ron Cephas Jones, Russel G. Jones, (+)	LAByrinth Theatre Co
Sketch Writing & Character	Alex Zalben, Amy Albert	The PIT
Improv	Rachel Hamilton, Alex Marino, (+)	UCB/Magnet Theatre
BA English		NYU
D. I. D.I.G.I.O.I.		1,10

SKILLS

Stand-Up Comedy, Karaoke: Alto; Whistling; Basic Guitar; Basic Spanish; **Dialects:** RP British, Southern (general), French, BK; Licensed NYC Tour Guide; Licensed Driver (manual/automatic); Valid Passport; Cooking Omelets; Good with Pets/Children/Children of Pets

Awards: Best Actress/Comedy for "Plant": NYCWeb, LAWeb, HollyWeb, ISA, Pre-Nomination Emmy Ballot 2017